

**The Service of Matins
11th Sunday of Luke**

Maui Orthodox Christian Mission
Metropolis of San Francisco
Greek Orthodox Archdiocese of America
Service held at Saint Theresa Church
Kihei, Maui, Hawaii
(Dated: December 16, 2018)

**Octoechos
Fourth Tone
On Sunday Morning
Menaion**

**Maui Orthodox Christian Mission Project
for a Daily Sequential Hymnal in English**

Liturgical Texts courtesy from the following:

Holy Cross Press
50 Goddard Avenue, Brookline, Massachusetts
The Greek Orthodox Metropolis of Denver
4550 East Alameda Avenue, Denver, Colorado
Fr. Seraphim Dedes
7900 Greenside Ct., Charlotte, North Carolina
Sophia Press
158 Pleasant Street, Brookline, Massachusetts

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Contents

I Akolouth (Fixed portion)	
I. ROYAL BEGINNING	4
A. Trisagion	4
II. THE ROYAL TROPARIA	4
A. Troparion of the Cross	4
B. Kontakion of the Cross	5
C. Theotokion	5
III. LITANY	5
IV. HEXAPSALM (Six Psalms)	5
A. Psalm 3	6
B. Psalm 37	6
C. Psalm 62	7
D. Psalm 87	8
E. Psalm 102	8
F. Psalm 142	9
V. LITANY OF THE PEACE (The Great Litany)	11
II Sequences (Variable portion)	
VI. THEOS KYRIOS (God is Lord)	13
VII. RESURRECTIONAL APOLYTIKION	13
A. Kathisma I	14
VIII. THEOTOKION	14
IX. THEOTOKION	14
X. HYPAKOE	16
XI. ANAVATHMOI (Songs of Ascent)	16
A. Antiphon I	16
B. Antiphon II	16
C. Antiphon III	16
D. Prokeimenon	16
E. Resurrectional Kontakion	16
1. Oikos.	17
2. Oikos.	17
XII. SYNAXARION	17
XIII. KATAVASIAS OF THEOTOKOS	17
XIV. PSALM 50 (51)	19
XV. MEGANLYNARION	20
XVI. EXAPOSTELARION	22
A. The Seventh Eothinon	22

XVII. RESURRECTIONAL STICHERA	23
A. Sticheron 1	23
B. Sticheron 2	23
C. Sticheron 3	23
D. Sticheron 4	23
XVIII. THEOTOKION	24

Part I

Akolouth (Fixed portion)

I. ROYAL BEGINNING

Priest: Blessed is our God, always, now, and ever, and to the ages of ages.

People: *(intoned)* Amen.

Priest: Glory to You, O God, glory to You.

Heavenly King, Comforter, the Spirit of truth, present everywhere and filling all things, Treasury of good things and Giver of life: come and dwell in us, cleanse us of every impurity; and save our souls, O good One.

People: Amen.

A. Trisagion

People: **Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

All-holy Trinity, have mercy on us.

Lord, cleanse us of our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities for Your name's sake.

**

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

Our Father, Who art in the heavens, hallowed be Thy name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, *(intoned) but deliver us from the evil one.*

Priest: For Thine is the kingdom and the power and the glory, of the Father, and of the Son, and of the Holy Spirit, now and ever, and to the ages of ages.

People: Amen.

II. THE ROYAL TROPARIA

A. Troparion of the Cross

People: O Lord, save Your people, and bless Your inheritance; grant victory to the rulers against the adversaries of the faith, and protect Your commonwealth through Your holy Cross.

B. Kontakion of the Cross

Glory to the Father, and to the Son, and to the Holy Spirit.

People: You, O Christ our God, Who chose of Your own will to be lifted up on the Cross, grant Your mercies to Your new commonwealth which is called by Your name. In Your power, gladden the hearts of our faithful rulers against those who war against them, having Your alliance as their weapon of peace, an invincible standard.

C. Theotokion

Now and ever, and to the ages of ages. Amen.

People: Awesome and blameless protection, do not overlook our petitions, O pure and praiseworthy Theotokos; make firm the community of the Orthodox; save those whom you have called to rule; and grant them victory from heaven, *(intoned) for you bore God, only blessed one.*

III. LITANY

Priest: Have mercy on us, O God, according to Your great mercy; we beseech You, hear us and have mercy.

Chanter: *(intoned)* Lord, have mercy. Lord, have mercy. Lord, have mercy.

Priest: Again we pray for pious and Orthodox Christians.

Chanter: *(intoned)* Lord, have mercy. Lord, have mercy. Lord, have mercy.

Priest: Again we pray for our Archbishop (Name), and for all our brotherhood in Christ.

Chanter: *(intoned)* Lord, have mercy. Lord, have mercy. Lord, have mercy.

Priest: Truly You are a merciful God Who loves mankind, and to You we send up glory: to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages.

Chanter: *(intoned)* Amen. In the name of the Lord, Father, bless.

Priest: Glory to the holy, consubstantial, life-creating and undivided Trinity, always; now and ever, and to the ages of ages.

People: Amen.

IV. HEXAPSALM (SIX PSALMS)

People: Glory to God in the highest, and peace on earth, good will to men.

Glory to God in the highest, and peace on earth, good will to men.

Glory to God in the highest, and peace on earth, good will to men.

O Lord, open my lips, and my mouth shall show forth Your praise.

O Lord, open my lips, and my mouth shall show forth Your praise.

A. Psalm 3

O Lord, why are those who afflict me multiplied?

Many rise up against me. Many say to my soul: there is no salvation for him in his God.

But You, O Lord, are my Helper, my Glory, and the One who lifts up my head.

I cried to the Lord with my voice, and He heard me out of His holy mountain.

I laid down and slept; I awoke, for the Lord will help me.

I will not be afraid of ten thousands of people that set themselves round about against me.

Rise, O Lord; save me, my God; for You have struck down all who without cause are my enemies; You have broken the teeth of sinners.

Salvation is of the Lord, and Your blessing is on Your people.

(And Again) I laid down and slept; I awoke, for the Lord will help me.

B. Psalm 37

O Lord, do not rebuke me in Your anger, nor chasten me in Your wrath!

For Your arrows are fastened in me, and You have laid Your hand heavily upon me.

There is no healing in my flesh in the face of Your wrath; and there is no peace in my bones in the face of my sins.

For my iniquities have risen higher than my head; they have pressed heavily on me as a heavy burden.

My wounds have become foul and festering in the face of my foolishness.

I have been wretched and utterly bowed down until the end; I went all the day long with downcast face.

For my loins are filled with inflammation, and there is no healing in my flesh.

I am afflicted and exceedingly humbled, I have groaned from the turmoil of my heart.

O Lord, all my desire is before You, and my groaning is not hidden from You.

My heart is troubled, my strength has failed me; and the light of my eyes, even this is not with me.

My friends and my neighbors drew near over against me and stood, and my nearest of kin stood afar off.

And those who sought after my soul used violence; and those who sought evils for me spoke vain things, and they meditated deception all the day long.

But as for me, like a deaf man I did not hear them, and I was as a speechless man who does not open his mouth.

And I became as a man that does not hear, and that has no reproofs in his mouth.

For I have hoped in You, O Lord; You will hear me, Lord my God.

For I said: Let my enemies never rejoice over me; indeed, when my feet were shaken, those men spoke boastful words against me.

For I am ready for scourges, and my sorrow is continually before me.

For I will declare my iniquity, and I will anguish concerning my sin.

But my enemies live and are made stronger than I, and those who hated me unjustly are multiplied.

Those who render me evil for good slandered me, because I pursued goodness.

Do not forsake me, O Lord my God, do not depart from me.

Be attentive to my help, O Lord of my salvation.

(And Again) Do not forsake me, O Lord my God, do not depart from me.

Be attentive to my help, O Lord of my salvation.

C. Psalm 62

O God, my God, to You I rise early at dawn.

My soul has thirsted for You; how often has my flesh longed after You in a land barren and untrodden and unwatered.

So I have appeared before You in the sanctuary to see Your power and Your glory.

For Your mercy is better than lives; my lips shall praise You.

So shall I bless You in my life, and I will lift up my hands in Your name.

Let my soul be filled as with marrow and fatness, and my mouth shall praise You with lips of rejoicing.

If I remembered You on my bed, I meditated on You at the dawn.

For You have become my Helper; I will rejoice in the shelter of Your wings.

My soul has cleaved after You, Your right hand has been quick to help me.

But as for those who in vain have sought after my soul, they shall go into the lowest parts of the earth, they shall be surrendered to the edge of the sword, they shall be portions for foxes.

But the king shall be glad in God; everyone shall be praised that swears by Him; for the mouth of those who speak unjust things is stopped.

(And Again) At the dawn I meditated on You; for You have become my Helper; in the shelter of Your wings I will rejoice.

My soul has cleaved after You, Your right hand has been quick to help me.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

Alleluia, alleluia, alleluia. Glory to You, O God.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

D. Psalm 87

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

O Lord, God of my salvation, I have cried by day and by night before You.

Let my prayer come before You, bow down Your ear to my supplication.

For my soul is filled with evils, and my life has drawn near to Hades.

I am counted with those who go down into the pit; I have become as a man without help, free among the dead.

I am like the bodies of the slain that sleep in the grave, Whom You remember no more, and who are cut off from Your hand.

They laid me in the lowest pit, in darkness and the shadow of death.

Your anger lies heavily on me, and You have afflicted me with all Your waves.

You have removed my friends far from me; they have made me an abomination to themselves.

I have been delivered up, and have not come forth; my eyes have grown weak from poverty.

I have cried to You, O Lord, the whole day long; I have stretched out my hands to You.

No, will You work wonders for the dead? Or shall physicians raise them up that they may give thanks to You?

No, shall any in the grave tell of Your mercy, and of Your truth in that destruction?

No, shall Your wonders be known in that darkness, and Your righteousness in that land that is forgotten?

But as for me, I have cried to You, O Lord; and in the morning my prayer shall come before You.

O Lord, why do You therefore cast off my soul and turn Your face away from me?

I am as a poor man, and in troubles from my youth; indeed, having been exalted, I was humbled and brought to distress.

Your fierce wrath has gone over me, and Your terrors have sorely troubled me.

They came around me all day long like water, they engulfed me altogether.

Because of my misery You have removed friend and neighbor and my acquaintances far from me.

(And Again) O Lord God of my salvation, I have cried by day and by night before You.

Let my prayer come before You, bow down Your ear to my supplication!

E. Psalm 102

Bless the Lord, O my soul; and all that is within me, bless His holy name.

Bless the Lord, O my soul, and do not forget all that He has done for you.

Who is gracious to all your iniquities, Who heals all your infirmities.

Who redeems your life from corruption, Who crowns you with mercy and compassion.

Who fulfills your desire with good things; your youth shall be renewed as the eagle's.

The Lord does deeds of mercy, and executes judgment for all those who are wronged.

He has made His ways known to Moses, the things that He has willed to the sons of Israel.

The Lord is compassionate and merciful, long-suffering and plenteous in mercy; He will not be angered to the end, neither will He be angry to eternity.

He has not dealt with us according to our iniquities, neither has He rewarded us according to our sins.

For according to the height of heaven from the earth, so has the Lord made His mercy to prevail over those who fear Him.

As far as the east is from the west, so far has He removed our iniquities from us.

Like a father has compassion on his sons, so has the Lord had compassion on those who fear Him; for He knows of what we are made, He has remembered that we are dust.

As for man, his days are as the grass; as a flower of the field, so shall he blossom forth.

For when the wind passes over it, then it shall be gone, and its place will no longer remember it.

But the mercy of the Lord is from eternity, even to eternity, on those who fear Him.

And His righteousness is on sons of sons, on those who keep His testament and remember to do His commandments.

The Lord in heaven has prepared His throne, and His kingdom rules over all.

Bless the Lord, O all you His Angels, mighty in strength, that perform His word, to hear the voice of His words.

Bless the Lord, O all you His hosts, His ministers that do His will.

Bless the Lord, O all you His works, in every place of His dominion; bless the Lord, my soul.

(And Again) Bless the Lord, O all you His works, in every place of His dominion; bless the Lord, my soul.

F. Psalm 142

O Lord, hear my prayer, in Your truth give ear to my supplications; hear me in Your righteousness.

And do not enter into judgment with Your servant, for in Your sight no man living shall be justified.

For the enemy has persecuted my soul; he has humbled my life down to the earth.

He has sat me in darkness as those who have been long dead, and my spirit within me has become despondent; my heart within me is troubled.

I remembered days of old, I meditated on all Your works, I pondered on the creations of Your hands.

I stretched forth my hands to You; my soul thirsts after You like a waterless land.

Quickly hear me, O Lord; my spirit has fainted away.

Do not turn Your face from me, lest I be like those who go down into the pit.

Cause me to hear Your mercy in the morning; for I have put my hope in You.

Cause me to know, O Lord, the way in which I should walk; for I have lifted up my soul to You.

Rescue me from my enemies, O Lord; I have fled to You for refuge.

Teach me to do Your will, for You are my God.

Your good Spirit shall lead me in the land of uprightness; You shall quicken me for Your name's sake, O Lord.

In Your righteousness You shall bring my soul out of affliction, and in Your mercy You shall utterly destroy my enemies.

And You shall cut off all those who afflict my soul, for I am Your servant.

(Repeat) Hear me in Your righteousness, O Lord, and do not enter into judgment with Your servant.

(And Again) Hear me in Your righteousness, O Lord, and do not enter into judgment with Your servant.

(And Again) Let Your good spirit lead me on a level path!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

Alleluia, alleluia, alleluia; Glory to You, O God.

Alleluia, alleluia, alleluia; Glory to You, O God.

Reader: (*intoned*) Alleluia, alleluia, alleluia; Glory to You, O God. Lord, my Hope, glory to You.

V. LITANY OF THE PEACE (THE GREAT LITANY)

Deacon: In peace let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For the peace from above and for the salvation of our souls, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For the peace in the whole world, for the stability of the holy churches of God, and for the union of all, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For this holy house and for those who enter with faith, reverence, and the fear of God, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For pious and Orthodox Christians, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For our Archbishop (Name), the honorable presbytery, the diaconate in Christ, and for all the clergy and the laity, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For the president of our country, for all civil authorities, and for our armed forces on land, at sea, and in the air, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For this city, for every city and land, and for the faithful who dwell in them, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For favorable weather, an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For travelers by sea, land and air; the sick, the suffering, the captives and their salvation, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For our deliverance from all tribulation, wrath, danger, and necessity, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: Help us, save us, have mercy on us, and protect us, O God, by Your grace.

Chanter: (*sung*) Lord, have mercy.

Deacon: Commemorating our all-holy, pure, most-blessed, and glorious * Lady, the Theotokos and ever-Virgin Mary, with all the saints, let us commit ourselves and one another and all our life to Christ our God.

Chanter: (*sung*) To You, O Lord.

Priest: For to You belong all glory, honor, and worship: to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages.

Chanter: (*sung*) Amen.

Part II

Sequences (Variable portion)

VI. THEOS KYRIOS (GOD IS LORD)

CHOIR

Mode 4.

God is the Lord, and He revealed Himself to us. Blessed is he who comes in the name of the Lord. [SAAS]

Verse 1: Give thanks to the Lord and call upon His name.

or: Give thanks to the Lord, for He is good; for His mercy endures forever.

Verse 2: All the nations surrounded me, but in the name of the Lord I defended myself against them.

Verse 3: And this came about from the Lord, and it is wonderful in our eyes.

VII. RESURRECTIONAL APOLYTIKION

Mode 4.

When the women Disciples of the Lord had learned from the Angel the joyful message of the Resurrection and rejected the ancestral decision, they cried aloud to the Apostles triumphantly: Death has been despoiled, Christ God has risen, granting His great mercy to the world. [SD]

Glory. Repeat.

When the women Disciples of the Lord had learned from the Angel the joyful message of the Resurrection and rejected the ancestral decision, they cried aloud to the Apostles triumphantly: Death has been despoiled, Christ God has risen, granting His great mercy to the world. [SD]

Both now.

For the Forefathers.

Mode 2.

By faith You justified the Forefathers, having through them betrothed to yourself the Church that came out of the nations. The saints are boasting in glory; for the glorious fruit, the Virgin who without seed gave birth to You, is from their progeny. At their entreaties, O Christ our God, save our souls. [SD]

PRIEST

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

For Yours is the dominion, and Yours is the kingdom and the power and the glory, of the Father and of the Son and of the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

A. Kathisma I

CHOIR

Mode 4.

Looking up at the entrance to the sepulcher, and unable to endure the Angel's radiance, the myrrh-bearing women were trembling and said in astonishment: Has He been stolen, who to the Robber opened up Paradise? Has He arisen, who spoke of rising before even suffering? He is truly risen as Christ our God, granting those in Hades life and resurrection. [SD] Glory.

Joseph marveled.

By Your voluntary will, O Savior, You endured the Cross, * and by mortal men were You into a new tomb interred, * who by a word had created the entire world. * Therefore being bound was the enemy Death * plundered of his spoils catastrophically. * And those in Hades all together cried aloud at Your life-bearing resurrection: * The Christ is risen, the Life-bestower, * and He abides forever. [SD]

VIII. THEOTOKION

O Theotokos, through you became manifest to us on earth the mystery, which was hid from eternity, and which the Angels themselves knew not: that God, uniting natures without confusion, becomes a man and accepts crucifixion for our salvation voluntarily. By virtue of this, resurrecting man whom He had first created, He saved our souls from death. [SD]

Kathisma II.

Mode 4. Come quickly.

O Savior, immortal as You are, from Hades You rose, * by virtue of Your own resurrection raising Your world * together, O Christ our God. * Mightily You have broken death's dominion, O Master. * You as the Lord of mercy showed to all the resurrection. * We therefore glorify You who alone love humanity. [SD]

Glory.

Joseph marveled.

From exalted heights above descended Gabriel and came, * and he sat upon the rock wherein the Rock of life had lain. * Arrayed in white, he cried out to the weeping women: * "Cease now from your mourning and cries of lament, * you women who are always moved to sympathy. * Take courage; for truly risen * is He for whom you weep and are seeking. * And therefore, cry out to the Apostles, * 'The Lord has truly risen.'" [SD]

IX. THEOTOKION

Joseph marveled.

O pure Maiden, all the hosts of holy angels were amazed * at the awesome mystery of your pregnancy and birth, * how He whose simple command holds all things together * is held in your embrace as a mortal babe, * the pre-eternal Word accepts an origin, * and He is nursed who nourishes the whole world * in His ineffable kindness. * And they extol you and glorify you * who are truly God's Mother. [SD]

Resurrectional Evlogetaria.

Mode pl. 1.

Blessed are You, O Lord, teach me Your statutes.

When the hosts of the Angels saw how You were accounted among the dead, they all marveled. You, O Savior, are the One who destroyed the might of death; and when You arose You raised Adam with yourself and from Hades liberated everyone. [SD]

Blessed are You, O Lord, teach me Your statutes.

"Why do you mingle the ointments with your tears full of pity, O women disciples?" Thus the Angel who was shining in the tomb cried to the myrrh-bearing women. "See for yourselves the empty tomb and understand, that the Savior has risen from the sepulcher." [SD]

Blessed are You, O Lord, teach me Your statutes.

Very early in the morning, the myrrh-bearing women were hastening to Your tomb lamenting. But the Angel appeared to them and uttered, "The time for lamentation has ended; weep no more. Go announce the Resurrection to the Apostles." [SD]

Blessed are You, O Lord, teach me Your statutes.

When the myrrh-bearing women had come with their spices to Your sepulcher, O Savior, they heard the voice of an Angel clearly speaking to them, "Why do you account among the dead the One who lives? For as God, He has risen from the sepulcher." [SD]

Glory.

We bow down in worship to the Father and His Son and the Holy Spirit, the Holy Trinity, one in essence; and we cry aloud with the Seraphim: Holy, Holy, Holy are You, O Lord. [SD]

Both now.

Giving birth to the Giver of life, O Virgin, you delivered Adam from sin, and to Eve you have rendered joy in place of sorrow. He who from you became incarnate, God and man, has directed to life him who fell from it. [SD]

Alleluia. Alleluia. Alleluia. Glory to You, O God. (3)

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For blessed is your name, and glorified is your kingdom, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

READER

X. HYPAKOE

The women bearing myrrh hurried to declare the matter of Your paradoxal rising to Your Apostles, O Christ, that as God You arose, granting the world great mercy. [SD]

XI. ANAVATHMOI (SONGS OF ASCENT)

CHOIR

A. Antiphon I

Antiphon I. Mode 4.

Since my youth have many passions waged war against me. O my Savior, nonetheless help me and save me. [SD]
You, the haters of Zion, be put to shame by the Lord, for like thatch in fire you will be completely dried up. [SD]

Glory. Both now.

From the Holy Spirit every soul receives life, and through cleansing is lifted and brightened, in a hidden, sacred manner, by the trinal Monad. [SD]

B. Antiphon II

I cried to You, O Lord, from the depth of my soul with fervor. Let Your divine ears be responsive to me. [SD]

Whosoever has acquired hope in the Lord is superior to all whatsoever might grieve him. [SD]

Glory. Both now.

From the Holy Spirit do the streams of grace well forth; they irrigate everything created, so that life be engendered. [SD]

C. Antiphon III

Let my heart be lifted up unto You, O Logos; and none of the world's delights will entice me to be earthly-minded. [SD]

Whereas one has filial affection for his mother, for the Lord we ought to have a love even more fervent. [SD]

Glory. Both now.

In the Holy Spirit is the wealth of knowledge of God, contemplation and wisdom. For in Him the Logos discloses all the dogmas of the Father. [SD]

D. Prokeimenon

c1111.a2 - S Dedes / John Damianos Arise, O Lord; help us, and redeem us, because of the glory of Your name. (2)

Verse: O God, we heard with our ears.

Arise, O Lord; help us, and redeem us, because of the glory of Your name. [SAAS]

Eothinon Gospel

READER

E. Resurrectional Kontakion

Savior and Deliverer is He who raised up from the tomb and from the bonds those born on earth, for He is God; and He destroyed Hades' bars and gates, and on the third day arose, as the Master of all. [SD]

1. *Oikos.*

To Him who from the dead arose, Christ the Life-Giver, on the third day from the tomb; who crushed the gates of death today by the power which is His; who slew Hades and ground away the sting of death, and rescued Adam and Eve: to Him let us all, born on earth, now sing, earnestly shouting our grateful praise. For He, alone our mighty God, on the third day arose, as the Master of all. [GKD]

From Menaion - - -

Kontakion. For the Forefathers.

Worshiping not the image made by hands, but putting on the breastplate of the unwritten essence, in the arena of fire you, thrice-blessed ones, were glorified. Standing in the midst of a flame unendurable, you called upon God, "Make haste, O Compassionate one, and hurry as the Merciful one, unto our aid, for You can do what You will." [SD]

2. *Oikos.*

Be quick, O tenderloving Lord, and hasten, O merciful One, to come to our aid; for You can if You want to. Extend Your hand, which of old the Egyptians, making battle, and the Hebrews, then embattled, had experienced. Do not forsake us, that Death, who thirsts after us, and Satan, who hates us, may drink us down. But be near us and spare our souls, as You once spared Your lads in Babylon as they ceaselessly sang Your praises, and were for You thrown into the furnace, and from thence called to You, "Make haste, O Compassionate one, and hurry as the Merciful one, unto our aid, for You can do what You will." [SD]

XII. SYNAXARION

From the Menaion.

On December 16, we commemorate the holy and glorious Prophet Haggai.

On this day we also commemorate the holy Martyr Marinos.

On this day, Saints Probus (or Promus) and Hilarion died by fire.

On this day we also commemorate our father among the saints Modestos, Archbishop of Jerusalem.

We remember the consecration of the church of the holy Martyr Christopher, next to St. Polyeuctos.

On this day we also commemorate the wonder-working Saint Theofano, the Empress, wife of Emperor Leo the Wise.

We also commemorate our father among the saints Nicholas [Chrysovergis], Patriarch of Constantinople; and Memnon, Archbishop of Ephesus.

Today is also the Sunday of the holy Forefathers.

By the intercessions of Your saints, O God, have mercy on us. Amen.

XIII. KATAVASIAS OF THEOTOKOS

Katavasia Odes 1-8

CHOIR

Katavasia of Christmas I

Ode i. Mode 1.

Christ is born; glorify Him! * Christ is come from heaven; go and meet Him. * Christ is on earth; arise to Him. * Sing to the Lord, all you who dwell on the earth; * and in merry spirits, O you peoples, praise His birth. * For He is glorified. [SD]

Ode iii.

To the Son, begotten * without flux, of the Father, before the ages, * and who was lately made incarnate * of the Virgin without seed; * to Christ God now let us cry aloud: * You have exalted the horn of our strength. Only You are holy, O Lord. [SD]

Ode iv.

Jesse's root produced a branch, O Christ, * and You its flower blossomed forth, * from the Virgin who by Habakkuk prophetically once was called * overshadowed, dense mountain. * From her who knew not man You came incarnate, * the immaterial God. * Glory to Your power, O Lord. [SD]

Ode v.

God of peace and Father of mercies, Your Son * You have sent unto us as Your messenger, * the Angel of great counsel who is granting peace. * Therefore having been guided to the light of godly knowledge, * waking from the night to dawn, we sing Your glory, O Lover of man. [SD]

Ode vi.

Such as it received * Jonah as an embryo, the sea beast disgorged him from its bowels intact. * With the Virgin, though, when the Logos had dwelt in her taking on flesh, * He came forth from her preserving her yet incorrupt. * For from her no fluxion suffered He, * and He kept her unaltered in childbirth. [SD]

Ode vii.

The Servants nurtured piously together, * with contempt regarding the impious king's decree, * intrepidly faced the threat of holocaust, * and while standing in the midst of flames they chanted thus, * saying: O God of the fathers, You are blessed. [SD]

Ode viii.

We praise and we bless and we worship the Lord.

Babylon's bedewing furnace bore the image * of an extraordinary wonder. * For it did not burn the youths it accepted, * nor did the fire of Divinity consume the Virgin's womb wherein it went. * So let us melodiously chant in praise: *

Let all creation bless and extol the Lord, * and let it exalt Him supremely to the ages. [SD]

DEACON

Let us pray to the Lord.

(Lord, have mercy.)

PRIEST

For you are holy, our God, who rest among the Saints, and to you we give glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

CHOIR

Amen.

Mode 2.

Let everything that breathes praise the Lord. (2) Let everything that breathes. praise the Lord. [SAAS]

DEACON

Let us pray to the Lord our God that we may be made worthy to hear the holy Gospel.
(Lord, have mercy. Lord, have mercy. Lord, have mercy.)

DEACON

Wisdom. Arise. Let us hear the Holy Gospel.

PRIEST

Peace be with all.
(And with your spirit.)

PRIEST

The reading is from the Holy Gospel according to John.

DEACON

Let us be attentive.
(Glory to You, O Lord. Glory to You.)

PRIEST (from the altar table)

Eothinon 7

John. (20:1-10)

On the first day of the week, Mary Magdalene came to the tomb early, while it was still dark, and saw that the stone had been taken away from the tomb. So she ran, and went to Simon Peter and the other disciples, the one whom Jesus loved, and said to them, "They have taken the Lord out of the tomb, and we do not know where they have laid Him." Peter then came out with the other disciple, and they went toward the tomb. They both ran, but the other disciple outran Peter and reached the tomb first; and stooping to look in, he saw the linen cloths lying there, but he did not go in. Then Simon Peter came, following him, and went into the tomb; he saw the linen cloths lying and the napkin, which had been on His head, not lying with the linen cloths, but rolled up in a place by itself. Then the other disciple, who reached the tomb first, also went in, and he saw and believed; for as yet they did not know the scripture, that He must rise from the dead. Then the disciples went back to their homes. [RSV]

(Glory to You, O Lord. Glory to You.)

READER

Having beheld the Resurrection of Christ, let us worship the holy Lord Jesus, the only sinless one. Your Cross, O Christ, we venerate, and Your holy Resurrection we praise and glorify. For You are our God; apart from You we know no other; we call upon Your name. Come, all faithful, let us venerate the holy Resurrection of Christ; for behold, through the Cross, joy has come to the whole world. Ever blessing the Lord, let us praise His Resurrection; for having endured the Cross for us, He destroyed death by death. [GOA]

XIV. PSALM 50 (51)

Mode 2. (or the Mode of the week)

CHOIR [Merciful,] Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.

Wash me thoroughly from my lawlessness and cleanse me from my sin.

For I know my lawlessness, and my sin is always before me.

Against You only have I sinned and done evil in Your sight; that You may be justified in Your words, and overcome when You are judged.

For behold, I was conceived in transgressions, and in sins my mother bore me.

Behold, You love truth; You showed me the unknown and secret things of Your wisdom.

You shall sprinkle me with hyssop, and I will be cleansed; You shall wash me, and I will be made whiter than snow.

You shall make me hear joy and gladness; my bones that were humbled shall greatly rejoice.

Turn Your face from my sins, and blot out all my transgressions.

Create in me a clean heart, O God, and renew a right spirit within me.

Do not cast me away from Your presence, and do not take Your Holy Spirit from me.

Restore to me the joy of Your salvation, and uphold me with Your guiding Spirit.

I will teach transgressors Your ways, and the ungodly shall turn back to You.

Deliver me from bloodguiltiness, O God, the God of my salvation, and my tongue shall greatly rejoice in Your righteousness.

O Lord, You shall open my lips, and my mouth will declare Your praise.

For if You desired sacrifice, I would give it; You will not be pleased with whole burnt offerings.

A sacrifice to God is a broken spirit, a broken and humbled heart God will not despise.

Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built.

Then You will be pleased with a sacrifice of righteousness, with offerings and whole burnt offerings.

Then shall they offer young bulls on Your altar. And have mercy on me, O God. [SAAS]

Glory.

At the intercession of the Apostles, O Lord of mercy, blot out my many offences. [SD]

Both now.

At the intercession of the Theotokos, O Lord of mercy, blot out my many offences. [SD]

Verse: Have mercy on me, O God, according to Your great mercy; and according to the abundance of Your compassion, blot out my transgression.

Jesus, having risen from the grave as He foretold, has granted us eternal life and great mercy. [SD]

DEACON

O God, save your people and bless your inheritance. Look upon your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us your rich mercies, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary, the power of the precious and life giving Cross, the protection of the honorable, bodiless Powers of heaven, the supplications of the honorable and glorious prophet, and forerunner John the Baptist, the holy, glorious, and praiseworthy Apostles, our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder-workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker, the Hieromartyrs Haralambos and Eleftherios; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriake, Fotene, Marina, Paraskeve and Irene; of our holy God-bearing Fathers; (local patron saint); the holy and righteous ancestors of God Joachim and Anna, and the holy Forefathers, whose memory we observe; and of all your Saints. We beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

CHOIR

Lord, have mercy. (12)

PRIEST

Through the mercy, compassion, and love of mankind of your only-begotten Son, with whom you are blessed, together with your all-holy, good and life-giving Spirit, now and forever and to the ages of ages.

(Amen.)

DEACON

Let us honor and magnify in song the Theotokos and the Mother of the light.

XV. MEGANLYNARION

Megalyrnarion. Mode 1.

Verse: My soul magnifies the Lord, and my spirit rejoices in God my Savior. [RSV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: For he has regarded the low estate of his handmaiden. For behold, henceforth all generations will call me blessed. [RSV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: For he who is mighty has done great things for me, and holy is his name. And his mercy is on those who fear him from generation to generation. [RSV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: He has shown strength with his arm, he has scattered the proud in the imagination of their hearts. [RSV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: He has put down the mighty from their thrones, and exalted those of low degree; he has filled the hungry with good things, and the rich he has sent empty away. [RSV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Verse: He has helped his servant Israel, in remembrance of his mercy, as he spoke to our fathers, to Abraham and to his posterity for ever. [RSV]

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify. [SD]

Ode 9: Katavasia

Ode ix. Katavasia. Mode 1.

O my soul, magnify her who is greater in honor and in glory than the armies of heaven.

I see here a strange and paradoxical mystery. * For, behold, the grotto is heaven; * cherubic throne is the Virgin; * the manger a grand space * in which Christ our God the uncontainable reclined as a babe; * Whom in extolling do we magnify. [SD]

DEACON

Again and again, in peace, let us pray to the Lord.

(Lord, have mercy.)

Help us, save us, have mercy on us, and protect us, O God, by Your grace.

(Lord, have mercy.)

Commemorating our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commend ourselves and one another and our whole life to Christ our God.

(To You, O Lord.)

PRIEST

For all the powers of heaven praise You and give You glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

(Amen.)

CHOIR

Mode 2.

Holy is the Lord our God. (2) [SAAS]

Holy is the Lord our God. Exalt the Lord our God, and worship at the footstool of His feet.

For He is holy.

XVI. EXAPOSTEILARION

A. The Seventh Eothinon

Mode 2. On the mountain.

When Mary Magdalene had said * that the Lord had been taken, * to the tomb Simon Peter ran * as did the other mystic of Christ, who was the beloved. * Both of them ran together * and found the linen cloths inside * by themselves lying, and also not with these * was the napkin from His head lying rolled up. * And therefore they went back in peace * until they saw the Lord Christ. [SD]

From Menaion - - -

For the Forefathers.

Mode 2. O Women, hearken.

Come all who love our ancestors, * and duty-bound exultantly * let us assemble and honor * the memory of the Fathers * Jacob, Isaac and Abraham, * from whom descended Christ the Lord * when He became incarnate * in His abundant compassion. [SD]

Another. Same Melody.

O faithful let us sing in praise * of Adam, Abel and of Seth, * of Enos and Enoch and Noah, * of Abraham and of Isaac * and Jacob, Moses, and of Job, * and Aaron and Eleazar, * of Joshua and of Barak, * of Sampson and of Jephtha, * of Solomon and of David. [SD]

Theotokion. Same Melody.

O Virgin pure, immaculate* all-holy Mary, Bride of God, * in that frightening hour * stand before me the lowly * and mediate with your own Son; * and thus, I pray, deliver me * from final condemnation * and punishments of perdition. [SD]

Lauds. Mode 4.

Let everything that breathes praise the Lord. Praise the Lord from the heavens, praise Him in the highest. It is fitting to sing a hymn to You, O God. [SAAS]

Praise Him, all you His angels; praise Him, all you His hosts. It is fitting to sing a hymn to You, O God. [SAAS]

Show Stichologia

Praise Him, sun and moon; praise Him, all you stars and light.
 Praise Him, you heavens of heavens, and you waters above the heavens. Let them praise the Lord's name.
 For He spoke, and they were made; He commanded, and they were created.
 He established them forever and unto ages of ages; He set forth His ordinance, and it shall not pass away.
 Praise the Lord from the earth, you dragons and all the deeps.
 Fire and hail, snow and ice, stormy wind, which perform His word.
 Mountains and all the hills, fruitful trees and all cedars.
 Wild animals and all cattle, creeping things and flying birds.
 Kings of the earth and all peoples, princes and all judges of the earth.
 Young men and maidens, elders with younger, let them praise the Lord's name, for His name alone is exalted.
 His thanksgiving is in earth and heaven. And He shall exalt the horn of His people.
 A hymn for all His saints, for the children of Israel, a people who draw near to Him.
 Sing to the Lord a new song, His praise in the assembly of His holy ones.
 Let Israel be glad in Him who made him, and let the children of Zion greatly rejoice in their King.
 Let them praise His name with dance; with tambourine and harp let them sing to Him.
 For the Lord is pleased with His people, and He shall exalt the gentle with salvation.
 The holy ones shall boast in glory, and they shall greatly rejoice on their beds.
 The high praise of God shall be in their mouth and a two-edged sword in their hand.
 To deal retribution to the nations, reproving among the peoples.
 To shackle their kings with chains and their nobles with fetters of iron.

XVII. RESURRECTIONAL STICHERA

A. Sticheron 1

Sticheron 1. Mode 4.

To fulfill among them the written judgment: this glory have all His holy ones. [SAAS]
 You endured crucifixion and death, O Lord, and resurrected from the dead. O Almighty One, we glorify Your resurrection. [SD]

B. Sticheron 2

Sticheron 2. Mode 4.

Praise God in His saints; praise Him in the firmament of His power. [SAAS]
 O Christ, by means of Your Cross, You have set us free from the ancient curse; and by means of Your death, You have neutralized the devil who tyrannized our nature; and by Your rising, You filled all things with joy. Therefore we shout to You, who rose from the dead, "Glory to You, O Lord." [SD]

C. Sticheron 3

Sticheron 3. Mode 4.

Praise Him for His mighty acts; praise Him according to the abundance of His greatness. [SAAS]
 By means of Your Cross, O Lord, direct us to Your truth, O Christ our Savior; and deliver us from the snares of the foe. You who rose from the dead, raise us who are fallen because of sin, extending Your hand, O Lord who loves humanity, at the intercession of Your holy ones. [SD]

D. Sticheron 4

Sticheron 4. Mode 4.

Praise Him with the sound of trumpet; praise Him with the harp and lyre. [SAAS]

Only-begotten Logos of God, while departing not from the Father's bosom, You came to earth for love of humanity, immutably becoming human; and You physically endured the Cross and death, although impassible in divinity. Having risen from the dead, You granted the human race immortality, as the only almighty One. [SD]

For the Forefathers.

Mode 2. O House of Ephratha.

Praise Him with timbrel and dance; praise Him with strings and flute. [SAAS]

Let all of us observe * now the august Forefathers' * memorial, extolling * their way of life, by virtue of which they have been magnified. [SD]

Praise Him with resounding cymbals; praise Him with triumphant cymbals; let everything that breathes praise the Lord. [SAAS]

Let all of us observe * now the august Forefathers' * memorial, extolling * their way of life, by virtue of which they have been magnified. [SD]

Verse: Blessed are You, O Lord God of our fathers, for You are praiseworthy and exalted beyond measure unto the ages. [SAAS]

Praising almighty God, * the Servants sang in chorus * while standing in the furnace, * and thereby they extinguished the force of the engulfing fire. [SD]

Verse: For You are righteous in all You did for us [SAAS]

Shut up inside the den, * the holy Prophet Daniel * was dwelling with the lions, * and he was manifestly preserved from any injury. [SD]

From Menaion - - -

Glory. For the Forefathers.

Grave Mode.

Come now, one and all, in faith let us celebrate the annual memorial of the Fathers before the Law, Abraham and those with him. Let us honor as is right the tribe of Judah, and let us extol the Servants in Babylon, the Trinity's image, who extinguished the furnace fire, and also Daniel. As we unerringly cling to the predictions of the Prophets, together with Isaiah we cry out in a loud voice, Behold the Virgin will conceive in the womb, and she will bear a Son, Emmanuel, which means God is with us. [SD]

XVIII. THEOTOKION

You are supremely blessed, O Virgin Theotokos. For through Him who from you became incarnate was Hades taken prisoner, and Adam has been summoned back; the curse has been neutralized, and Eve has been liberated; death has been put to death, and we have been brought to life. Therefore extolling we cry out: O Christ our God, You are blessed, for so was Your good pleasure. Glory to You! [SD]

Great Doxology

Glory be to You who showed the light. Glory in the highest to God. His peace is on earth, His good pleasure in mankind. [SD]

We praise You, we bless You, we worship You, we glorify You, we give thanks to You for Your great glory.

Lord King, heavenly God, Father, Ruler over all; Lord, only-begotten Son, Jesus Christ; and You, O Holy Spirit.

Lord God, Lamb of God, Son of the Father, who take away the sin of the world, have mercy on us, You who take away the sins of the world.

Accept our supplication, You who sit at the right hand of the Father, and have mercy on us.

For You alone are holy, You alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day I will bless You, and Your name will I praise to eternity, and to the ages of ages.

Vouchsafe, O Lord, this day, that we be kept without sin.

Blessed are You, O Lord, the God of our fathers, and praised and glorified is Your name to the ages. Amen.

Let Your mercy be on us, O Lord, as we have set our hope on You.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Blessed are You, O Lord. Teach me Your statutes.

Lord, You have been our refuge from generation to generation. I said: Lord, have mercy on me. Heal my soul, for I have sinned against You.

Lord, I have fled to You. Teach me to do Your will, for You are my God.

For with You is the fountain of life; in Your light we shall see light.

Continue Your mercy to those who know You.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3)

Glory to the Father and the Son and the Holy Spirit.

Both now and ever and to the ages of ages. Amen.

Holy Immortal, have mercy on us.