

The Service of Matins

Apodosis of the Feast of the Forerunner

Alexander, John, and Paul the New, Patriarchs of Constantinople

Maui Orthodox Christian Mission

Metropolis of San Francisco

Greek Orthodox Archdiocese of America

Service held at Saint Theresa Church

Kihei, Maui, Hawaii

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**Maui Orthodox Christian Mission Project
for a Daily Sequential Hymnal in English**

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Orthros (Service of Matins)

Akolouth (Fixed portion)

ROYAL BEGINNING

Priest: Blessed is our God, always, now, and ever, and to the ages of ages.

Reader: *(intoned)* Amen.

Priest: Glory to You, O God, glory to You.

Heavenly King, Comforter, the Spirit of truth, present everywhere and filling all things, Treasury of good things and Giver of life: come and dwell in us, cleanse us of every impurity; and save our souls, O good One.

Reader: Amen.

Trisagion

Reader: **Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Holy God, Holy Mighty, Holy Immortal, have mercy on us.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

All-holy Trinity, have mercy on us.

Lord, cleanse us of our sins. Master, pardon our iniquities. Holy One, visit and heal our infirmities for Your name's sake.

**

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

Our Father, Who art in the heavens, hallowed be Thy name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, *(intoned) but deliver us from the evil one.*

Priest: For Thine is the kingdom and the power and the glory, of the Father, and of the Son, and of the Holy Spirit, now and ever, and to the ages of ages.

Reader: Amen.

THE ROYAL TROPARIA

Troparion of the Cross

Reader: O Lord, save Your people, and bless Your inheritance; grant victory to the rulers against the adversaries of the faith, and protect Your commonwealth through Your holy Cross.

Kontakion of the Cross

Glory to the Father, and to the Son, and to the Holy Spirit.

Reader: You, O Christ our God, Who chose of Your own will to be lifted up on the Cross, grant Your mercies to Your new commonwealth which is called by Your name. In Your power, gladden the hearts of our faithful rulers against those who war against them, having Your alliance as their weapon of peace, an invincible standard.

Theotokion

Now and ever, and to the ages of ages. Amen.

Reader: Awesome and blameless protection, do not overlook our petitions, O pure and praiseworthy Theotokos; make firm the community of the Orthodox; save those whom you have called to rule; and grant them victory from heaven, *(intoned) for you bore God, only blessed one.*

LITANY

Priest: Have mercy on us, O God, according to Your great mercy; we beseech You, hear us and have mercy.

Chanter: *(intoned)* Lord, have mercy. Lord, have mercy. Lord, have mercy.

Priest: Again we pray for pious and Orthodox Christians.

Chanter: (*intoned*) Lord, have mercy. Lord, have mercy. Lord, have mercy.

Priest: Again we pray for our Archbishop (Name), and for all our brotherhood in Christ.

Chanter: (*intoned*) Lord, have mercy. Lord, have mercy. Lord, have mercy.

Priest: Truly You are a merciful God Who loves mankind, and to You we send up glory: to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages.

Chanter: (*intoned*) Amen. In the name of the Lord, Father, bless.

Priest: Glory to the holy, consubstantial, life-creating and undivided Trinity, always; now and ever, and to the ages of ages.

Reader: Amen.

HEXAPSALM (SIX PSALMS)

Reader: Glory to God in the highest, and peace on earth, good will to men.

Glory to God in the highest, and peace on earth, good will to men.

Glory to God in the highest, and peace on earth, good will to men.

O Lord, open my lips, and my mouth shall show forth Your praise.

O Lord, open my lips, and my mouth shall show forth Your praise.

Psalm 3

Reader: O Lord, why are those who afflict me multiplied?

Many rise up against me. Many say to my soul: there is no salvation for him in his God.

But You, O Lord, are my Helper, my Glory, and the One who lifts up my head.

I cried to the Lord with my voice, and He heard me out of His holy mountain.

I laid down and slept; I awoke, for the Lord will help me.

I will not be afraid of ten thousands of people that set themselves round about against me.

Rise, O Lord; save me, my God; for You have struck down all who without cause are my enemies; You have broken the teeth of sinners.

Salvation is of the Lord, and Your blessing is on Your people.

(And Again) I laid down and slept; I awoke, for the Lord will help me.

Psalm 37

Reader: O Lord, do not rebuke me in Your anger, nor chasten me in Your wrath!

For Your arrows are fastened in me, and You have laid Your hand heavily upon me.

There is no healing in my flesh in the face of Your wrath; and there is no peace in my bones in the face of my sins.

For my iniquities have risen higher than my head; they have pressed heavily on me as a heavy burden.

My wounds have become foul and festering in the face of my foolishness.

I have been wretched and utterly bowed down until the end; I went all the day long with downcast face.

For my loins are filled with inflammation, and there is no healing in my flesh.

I am afflicted and exceedingly humbled, I have groaned from the turmoil of my heart.

O Lord, all my desire is before You, and my groaning is not hidden from You.

My heart is troubled, my strength has failed me; and the light of my eyes, even this is not with me.

My friends and my neighbors drew near over against me and stood, and my nearest of kin stood afar off.

And those who sought after my soul used violence; and those who sought evils for me spoke vain things, and they meditated deception all the day long.

But as for me, like a deaf man I did not hear them, and I was as a speechless man who does not open his mouth.

And I became as a man that does not hear, and that has no reproofs in his mouth.

For I have hoped in You, O Lord; You will hear me, Lord my God.

For I said: Let my enemies never rejoice over me; indeed, when my feet were shaken, those men spoke boastful words against me.

For I am ready for scourges, and my sorrow is continually before me.

For I will declare my iniquity, and I will anguish concerning my sin.

But my enemies live and are made stronger than I, and those who hated me unjustly are multiplied.

Those who render me evil for good slandered me, because I pursued goodness.

Do not forsake me, O Lord my God, do not depart from me.

Be attentive to my help, O Lord of my salvation.

(And Again) Do not forsake me, O Lord my God, do not depart from me.

Be attentive to my help, O Lord of my salvation.

Psalm 62

Reader: O God, my God, to You I rise early at dawn.

My soul has thirsted for You; how often has my flesh longed after You in a land barren and untrodden and unwatered.

So I have appeared before You in the sanctuary to see Your power and Your glory.

For Your mercy is better than lives; my lips shall praise You.

So shall I bless You in my life, and I will lift up my hands in Your name.

Let my soul be filled as with marrow and fatness, and my mouth shall praise You with lips of rejoicing.

If I remembered You on my bed, I meditated on You at the dawn.

For You have become my Helper; I will rejoice in the shelter of Your wings.

My soul has cleaved after You, Your right hand has been quick to help me.

But as for those who in vain have sought after my soul, they shall go into the lowest parts of the earth, they shall be surrendered to the edge of the sword, they shall be portions for foxes.

But the king shall be glad in God; everyone shall be praised that swears by Him; for the mouth of those who speak unjust things is stopped.

(And Again) At the dawn I meditated on You; for You have become my Helper; in the shelter of Your wings I will rejoice.

My soul has cleaved after You, Your right hand has been quick to help me.

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

Alleluia, alleluia, alleluia. Glory to You, O God.

Lord, have mercy. Lord, have mercy. Lord, have mercy.

Psalm 87

Reader: Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

O Lord, God of my salvation, I have cried by day and by night before You.

Let my prayer come before You, bow down Your ear to my supplication.

For my soul is filled with evils, and my life has drawn near to Hades.

I am counted with those who go down into the pit; I have become as a man without help, free among the dead.

I am like the bodies of the slain that sleep in the grave, Whom You remember no more, and who are cut off from Your hand.

They laid me in the lowest pit, in darkness and the shadow of death.

Your anger lies heavily on me, and You have afflicted me with all Your waves.

You have removed my friends far from me; they have made me an abomination to themselves.

I have been delivered up, and have not come forth; my eyes have grown weak from poverty.

I have cried to You, O Lord, the whole day long; I have stretched out my hands to You.

No, will You work wonders for the dead? Or shall physicians raise them up that they may give thanks to You?

No, shall any in the grave tell of Your mercy, and of Your truth in that destruction?

No, shall Your wonders be known in that darkness, and Your righteousness in that land that is forgotten?

But as for me, I have cried to You, O Lord; and in the morning my prayer shall come before You.

O Lord, why do You therefore cast off my soul and turn Your face away from me?

I am as a poor man, and in troubles from my youth; indeed, having been exalted, I was humbled and brought to distress.

Your fierce wrath has gone over me, and Your terrors have sorely troubled me.

They came around me all day long like water, they engulfed me altogether.

Because of my misery You have removed friend and neighbor and my acquaintances far from me.

(And Again) O Lord God of my salvation, I have cried by day and by night before You.

Let my prayer come before You, bow down Your ear to my supplication!

Psalm 102

Reader: Bless the Lord, O my soul; and all that is within me, bless His holy name.

Bless the Lord, O my soul, and do not forget all that He has done for you.

Who is gracious to all your iniquities, Who heals all your infirmities.

Who redeems your life from corruption, Who crowns you with mercy and compassion.

Who fulfills your desire with good things; your youth shall be renewed as the eagle's.

The Lord does deeds of mercy, and executes judgment for all those who are wronged.

He has made His ways known to Moses, the things that He has willed to the sons of Israel.

The Lord is compassionate and merciful, long suffering and plenteous in mercy; He will not be angered to the end, neither will He be angry to eternity.

He has not dealt with us according to our iniquities, neither has He rewarded us according to our sins.

For according to the height of heaven from the earth, so has the Lord made His mercy to prevail over those who fear Him.

As far as the east is from the west, so far has He removed our iniquities from us.

Like a father has compassion on his sons, so has the Lord had compassion on those who fear Him; for He knows of what we are made, He has remembered that we are dust.

As for man, his days are as the grass; as a flower of the field, so shall he blossom forth.

For when the wind passes over it, then it shall be gone, and its place will no longer remember it.

But the mercy of the Lord is from eternity, even to eternity, on those who fear Him.

And His righteousness is on sons of sons, on those who keep His testament and remember to do His commandments.

The Lord in heaven has prepared His throne, and His kingdom rules over all.

Bless the Lord, O all you His Angels, mighty in strength, that perform His word, to hear the voice of His words.

Bless the Lord, O all you His hosts, His ministers that do His will.

Bless the Lord, O all you His works, in every place of His dominion; bless the Lord, my soul.

(And Again) Bless the Lord, O all you His works, in every place of His dominion; bless the Lord, my soul.

Psalm 142

Reader: O Lord, hear my prayer, in Your truth give ear to my supplications; hear me in Your righteousness.

And do not enter into judgment with Your servant, for in Your sight no man living shall be justified.

For the enemy has persecuted my soul; he has humbled my life down to the earth.

He has sat me in darkness as those who have been long dead, and my spirit within me has become despondent; my heart within me is troubled.

I remembered days of old, I meditated on all Your works, I pondered on the creations of Your hands.

I stretched forth my hands to You; my soul thirsts after You like a waterless land.

LITANY OF THE PEACE (THE GREAT LITANY)

Quickly hear me, O Lord; my spirit has fainted away.

Do not turn Your face from me, lest I be like those who go down into the pit.

Cause me to hear Your mercy in the morning; for I have put my hope in You.

Cause me to know, O Lord, the way in which I should walk; for I have lifted up my soul to You.

Rescue me from my enemies, O Lord; I have fled to You for refuge.

Teach me to do Your will, for You are my God.

Your good Spirit shall lead me in the land of uprightness; You shall quicken me for Your name's sake, O Lord.

In Your righteousness You shall bring my soul out of affliction, and in Your mercy You shall utterly destroy my enemies.

And You shall cut off all those who afflict my soul, for I am Your servant.

(Repeat) Hear me in Your righteousness, O Lord, and do not enter into judgment with Your servant.

(And Again) Hear me in Your righteousness, O Lord, and do not enter into judgment with Your servant.

(And Again) Let Your good spirit lead me on a level path!

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages. Amen.

Alleluia, alleluia, alleluia; Glory to You, O God.

Alleluia, alleluia, alleluia; Glory to You, O God.

Reader: (*intoned*) Alleluia, alleluia, alleluia; Glory to You, O God. Lord, my Hope, glory to You.

LITANY OF THE PEACE (THE GREAT LITANY)

Deacon: In peace let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For the peace from above and for the salvation of our souls, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For the peace in the whole world, for the stability of the holy churches of God, and for the union of all, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For this holy house and for those who enter with faith, reverence, and the fear of God, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For pious and Orthodox Christians, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For our Archbishop (Name), the honorable presbytery, the diaconate in Christ, and for all the clergy and the laity, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For the president of our country, for all civil authorities, and for our armed forces on land, at sea, and in the air, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For this city, for every city and land, and for the faithful who dwell in them, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For favorable weather, an abundance of the fruits of the earth, and for peaceful times, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For travelers by sea, land and air; the sick, the suffering, the captives and their salvation, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: For our deliverance from all tribulation, wrath, danger, and necessity, let us pray to the Lord.

Chanter: (*sung*) Lord, have mercy.

Deacon: Help us, save us, have mercy on us, and protect us, O God, by Your grace.

Chanter: (*sung*) Lord, have mercy.

Deacon: Commemorating our all-holy, pure, most-blessed, and glorious * Lady, the Theotokos and ever-Virgin Mary, with all the saints, let us commit ourselves and one another and all our life to Christ our God.

Chanter: (*sung*) To You, O Lord.

Priest: For to You belong all glory, honor, and worship: to the Father, and to the Son, and to the Holy Spirit, now and ever, and to the ages of ages.

Chanter: (*sung*) Amen.

Sequences (Variable portion)

THEOS KYRIOS (GOD IS LORD)

Mode 2.

God is the Lord, and He appeared to us. Blessed is He who comes in the name of the Lord.

Verse: O give thanks unto the Lord and call upon His holy name.

Verse: All the nations circled me, and I warded them off with the name of the Lord.

Verse: This is the Lord's doing, and it is wonderful in our eyes.

APOLYTIKIA AND THEOTOKION

Apolytikia

The Beheading of Saint John the Forerunner

August 29. Mode 2.

The memory of the just is celebrated with hymns of praise, but the Lord's testimony is sufficient for thee, O Forerunner; for thou hast proved to be truly even more venerable than the Prophets, since thou was granted to baptize in the running waters Him Whom they proclaimed. Wherefore, having contested for the truth, thou didst rejoice to announce the good tidings even to those in Hades: that God hath appeared in the flesh, taking away the sin of the world and granting us great mercy.

Glory to the Father, and to the Son, and to the Holy Spirit.

Saints Alexander, John, and Paul the New, Archbishops of Constantinople

Of the Saints. August 30. Mode 4.

O God of our Fathers, ever dealing with us according to Thy gentleness: take not Thy mercy from us, but by their entreaties guide our life in peace.

Theotokion

Mode 2.

Both now and ever and to the ages of ages. Amen.

All surpassing every thought, all surpassing glorious, O Theotokos, are your mysteries. For while bearing the seal of purity and preserved in virginity, you were deemed a Mother in

truth, for to the true God you gave birth. To Him pray fervently, entreating that our souls be saved.

THE PSALTER

THE LITTLE LITANY

Priest/Deacon: In peace let us again pray to the Lord.

Choir: Lord, have mercy.

Priest/Deacon: Help us, save us, have mercy upon us and protect us, O God, by your grace.

Choir: Lord, have mercy.

Priest/Deacon: Remembering our most holy, pure, blessed, and glorious * Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commit ourselves and one another and our whole life to Christ our God.

Choir: To You, O Lord.

Priest: For yours is the dominion, the kingdom, the power, and the glory of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

Reader: Amen.

SESSIONAL HYMNS (KATHISMATA)

Kathisma I

Of the Forerunner. Mode 1. The soldiers standing guard.

With conscience clear and pure, let us faithful now honor * the Forerunner of Christ and His Prophet and Baptist, * revering him piously as a preacher most glorious, * teacher of repentance, and the Savior's true Martyr; * for when he rebuked the senseless folly of Herod, * they cut off his sacred head.

Glory to the Father, and to the Son, and to the Holy Spirit.

Of the Saints. Mode 4. Be quick to anticipate.

The three-lighted lamp of Fathers hath most brightly shone forth, * illumining all the ranks of faithful folk by their light in knowledge and love of God; * with their wisdom, doctrines, and great boldness in speaking, * Alexander, John, and Paul the glorious confessor * destroyed all the impiety of base and ungodly men.

Theotokion

Mode 4. Be quick to anticipate.

Both now and ever and to the ages of ages. Amen.

O hope that cannot be shamed of them that trust in thy care, * O thou who alone didst give birth past all natural laws to Christ our God in the flesh: * Pray to Him together with great John the Forerunner, * asking that He grant the world forgiveness of failings, * and that, before we come to our end, we may correct our life.

THE LITTLE LITANY

Priest/Deacon: In peace let us again pray to the Lord.

Choir: Lord, have mercy.

Priest/Deacon: Help us, save us, have mercy upon us, and protect us, O God, by your grace.

Choir: Lord, have mercy.

Priest/Deacon: Remembering our most holy, pure, blessed, and glorious Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commit ourselves and one another, and our whole life to Christ our God.

Choir: To You, O Lord.

Priest: For blessed is your name, and glorified is your kingdom, of the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

Reader: Amen.

PSALM 50

Reader: Have mercy on me, O God, according to Your great mercy; and according to the multitude of Your compassions, blot out my transgression.

Wash me thoroughly from my iniquity and cleanse me from my sin.

For I acknowledge my iniquity, and my sin is continually before me.

Against You only have I sinned and done this evil before You; that You may be justified in Your words, and prevail when You are judged.

For behold, I was conceived in iniquities, and in sins did my mother bear me.

For behold, You have loved truth; the hidden and secret things of Your wisdom You have made clear to me.

You will sprinkle me with hyssop, and I will be made clean; You will wash me, and I will be made whiter than snow.

You will make me hear joy and gladness; the bones that have been humbled will rejoice.

Turn Your face away from my sins, and blot out all my iniquities.

Create in me a clean heart, O God, and renew a right spirit within me.

Cast me not away from Your presence, and take not Your Holy Spirit from me.

Restore to me the joy of Your salvation, and with Your governing Spirit establish me.

I will teach transgressors Your ways, and the ungodly will turn back to You.

Deliver me from bloodguiltiness, O God, the God of my salvation, my tongue will rejoice in Your righteousness.

O Lord, You will open my lips, and my mouth will declare Your praise.

For if You had desired sacrifice, I would have given it; with whole burnt offerings You will not be pleased.

A sacrifice to God is a broken spirit, a heart that is broken and humbled God will not despise.

Do good, O Lord, in Your good pleasure to Zion, and let the walls of Jerusalem be built;

Then you will be pleased with a sacrifice of righteousness, with oblation and whole burnt offerings;

Then shall they offer young bulls on Your altar. And have mercy on me, O God.

INTERCESSORY TROPARIA

Mode 2g.

Glory to the Father and the Son and the Holy Spirit.

At the intercession of the holy Saints, O Lord of mercy, blot out my many offenses.

Both now and ever and to the ages of ages. Amen.

At the intercession of the Theotokos, O Lord of mercy, blot out my many offenses.

Verse: Have mercy on me, O God, according to Your great mercy; and according to the multitude of Your compassions, blot out my transgression.

INTERCESSORY PRAYER

Priest/Deacon: O God, save your people and bless your inheritance. Look upon your world with mercy and compassion. Raise the Orthodox Christians in glory, and send down upon us your rich mercies, through the intercessions of our most pure Lady the Theotokos and ever-Virgin Mary; the power of the precious and life-giving Cross; the protection of the honorable, bodiless Powers of heaven; the supplications of the honorable and glorious prophet, and forerunner John the Baptist; the holy, glorious, and praiseworthy Apostles; our Fathers among the Saints, the great hierarchs and ecumenical teachers, Basil the Great, Gregory the Theologian and John Chrysostom, Athanasios, Cyril, and John the Merciful, patriarchs of Alexandria; Nicholas, bishop of Myra, Spyridon, bishop of Trimythous, Nektarios of Pentapolis, the wonder workers; the holy, glorious great Martyrs George the Victorious, Demetrios the Myrobletes, Theodore the Teron, and Theodore the General, Menas the Wonderworker and Charalambos the Hieromartyr; the holy, glorious, and victorious martyrs; the glorious great Martyr and all-laudable Euphemia; [the holy and glorious Martyrs Thecla, Barbara, Anastasia, Katherine, Kyriakè, Fotenè, Marina, Paraskevè and Irene;] of our holy God-bearing Fathers; (the patron saint of the church); the holy and righteous ancestors of righteous ancestors of God Joachim and Anna; and of all your Saints; we beseech you, only merciful Lord, hear us sinners who pray to you and have mercy on us.

Choir: Lord have mercy. (12)

Priest: Through the mercy, compassion, and love of mankind of your only begotten Son, with whom you are blessed, together with your all holy, good and life-giving Spirit, now and forever and to the ages of ages.

Reader: Amen.

KONTAKION*Mode pl. 1.*

Reader: The glorious beheading of the Forerunner was a certain divine dispensation, that the coming of the Saviour might also be preached to those in Hades. Let Herodias lament, then, that she demanded a wicked murder; for she loved not the Law of God, nor eternal life, (*intoned*) *but one false and fleeting.*

OIKOS*Mode 2.*

Reader: Beginning an ode unto thee, O God-hymned blessed John, I am full of joy and yet also full of dread, for I fear that I shall not find words, O Forerunner to worthily praise thee, but do thou thyself strengthen me and grant that I may worthily speak of thee saying:

Rejoice, thou by whom gladness came;
Rejoice, thou by whom the curse was destroyed;
Rejoice, teacher of the ends of the world;
Rejoice, proclaimer of Christ's wonders;
Rejoice, height of conscience that reacheth unto the heavens;
Rejoice, breadth of purity that cleanseth all the earth;
Rejoice, since thou hast seen the Holy Trinity;
Rejoice, thou who despised the deceit of fallen nature;
Rejoice, star that revealeth the Sun;
Rejoice, luminary that illuminates all that are under the sun;
Rejoice, thou by whom Christ hath been proclaimed;
Rejoice, thou by whom Satan was rejected;
Rejoice, O proclaimer of grace.

SYNTAXARION

Reader: On the thirtieth of this month we commemorate the holy Patriarchs of Constantinople Alexander, John, and Paul the New.

Verses

Having escaped the flesh's bonds, O Alexander,
Thou hast found the Lord's inheritance as thy portion.

The faces of the Church are gloomy with sorrow,
For they cannot bear blessed John's deprivation.

Paul, leaving behind him life's pathways and its courses,
Found a pall for his casket and rest from his labors.

On the thirtieth, three before the Trinity now stand.

On this day we commemorate our righteous Father Fantinus the Wonderworker of Calabria, who reposed in Thessalonica.

Verses

Though beneath the earth is gone Fantinus, who worked wonders,
From on high he poureth on us the manna of wonders.
Fantinus retired from this life on the thirtieth.

On this day we commemorate the holy Sixteen Martyrs of Thebes.

Verses

Thou wilt say that the number sixteen is even,
Even like as those men even now beheaded.

On this day the holy Six Martyrs of Melitene, having been cast into the sea, were perfected in martyrdom.

Verses

A certain six-starred resplendence of Christ's Martyrs
Hath set within the sea and shineth in Heaven.

On this day we commemorate our righteous Father Sarmatas of Egypt.

Verses

An Angel of God the Word descended flying,
And said: Rise, Sarmatas, and follow rejoicing.

On this day we commemorate our righteous Mother Bryenna of Nisibis.

Verses

Bryenna, that divine outpouring of graces,
Is taken from earth up to the Living Fountain.

On this day we commemorate the holy Hierarch Eulalius, who reposed in peace.

Verses

Eulalius, being a fair-sounding cricket,
Fell silent in the wintry season of dying.

On this day the holy Hieromartyr Felix the Bishop, and the holy Martyrs Fortunianus, Septiminus, and Januarius were perfected in martyrdom by the sword at Thibiuca in Africa.

Verses

Thou on being beheaded wast with gore anointed,
So adorning thy priestly anointing, O Felix.

Whoever thou art, smite me not with the sword so quickly.
So saith Fortunianus with exceeding displeasure.

In all things in life Septiminus was holy,
Death not excepted, which the sword wholly hallowed.

He that breathed murder took up the tool of murder,
And took Januarius's head clean off him.

On this day we commemorate our righteous Father Christopher of Palastine.

On this day we commemorate our righteous Father Fiacre of Meaux in Gaul.

On this day we commemorate our righteous Father Alexander of Svir.

On this day we commemorate the recovery of the holy relics of Saint Daniel, Prince of Moscow.

On this day we commemorate the translation of the holy relics of Saint Alexander Nevsky.

On this day we celebrate the Synaxis of the holy Hierarchs of Serbia: Sabbas the First, Arsenius the First, Sabbas the Second, and Nicodemus, the Archbishops; Joannicius, First Patriarch of Serbia; Ephraim, Spyridon, Macarius, and Gabriel, the Patriarchs; Eustathius, James, Daniel, and Sabbas the Third, the Archbishops; Gregory the Bishop; Cyril the Patriarch; Maximus, Archbishop of Wallachia; and John and Nicon the Patriarchs.

On this day we commemorate the holy New Martyrs Alexander, Priest in Vladimirskaya, and Alexander, Reader in Vostochnaya, who were slain by the atheists in the year 1918.

On this day we commemorate the holy New Martyrs of Serbia who were slain with fire and sword by the Latins.

(intoned) By the intercessions of Thy Saints, O God, have mercy on us. Amen.

KATAVASIAE OF THE CROSS*Mode pl. 4.***Ode i**

When Moses inscribed a cross * with his rod extended, * he split the Red Sea for the host * of Israel that went on foot. * Then crosswise he once again * struck it and united it on Pharaoh's chariots, * portraying on its surface the invincible weapon. * Therefore to Christ our God * let us all sing, for He has been glorified.

Ode iii

The rod is taken to be an archetype of the mystery; * for it blossomed and thus chose the priest from others. * And now the tree of the Cross, unto the formerly barren Church, * has blossomed forth, * as power and a firm support.

Ode iv

I have heard the report, O Lord, * of Your dispensation's amazing mystery. * I considered well Your mighty works; * wherefore Your divinity I glorified.

Ode v

O tree, you are three times blessed. * For Christ our King and our Lord was hung outstretched on you of old. * Through you fallen is the Devil who deceived man * by a tree, for he himself was snared by God who was crucified * in the flesh to you, and who grants His peace unto our souls.

Ode vi

When Jonah was in the belly * of the sea beast, and his hands in a cruciform were stretched out, * he thus clearly prefigured the saving Passion of Christ. * Whence after three days he emerged, depicting thus the supermundane Resurrection from the dead * of our God who was physically nailed to the Cross * and by His third-day arising illumined the universe.

Ode vii

The impious tyrant's preposterous decree disturbed the populace, * breathing threats and blasphemous pronouncements hateful to God. * Yet the three Youths did not become frightened by the bestial anger or the roaring fire. * But with the dew-emitting wind whistling in opposition to the fire they sang: * O supremely praised You are blessed, O our God and the God of our fathers.

Ode viii

We praise, and we bless, and we worship the Lord.

You in equal number * to the Trinity, pious Youths, bless God the Father Maker of all, * and also praise the Word who condescended * and who changed the fire in the furnace into dew; * the all-holy Spirit who gives life to all creation, * also exalt supremely to the ages.

MAGNIFICAT

Mode pl. 4.

Verse 1: My soul magnifies the Lord, and my spirit has rejoiced in God my Savior.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

Verse 2: For He has considered the humility of His handmaiden; for behold, henceforth all generations shall call me blessed.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

Verse 3: For the Mighty One has done great things to me, and holy is His name; and His mercy is on them that fear Him unto generation and generation.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

Verse 4: He performed mighty deeds with His arm; He confounded the proud in the intention of their heart.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

Verse 5: He deposed the mighty from their thrones, and exalted the humble; He filled the hungry with good things, and the rich He has sent empty away.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

Verse 6: He has helped His servant Israel, in remembrance of His mercy, as He spoke to our fathers, to Abraham and his seed forever.

Greater in honor than the Cherubim, and in glory greater beyond compare than the Seraphim; you without corruption gave birth to God the Word, and are truly Theotokos. You do we magnify.

Katavasia

Mode pl. 4.

Ode ix

Theotokos, you are mystical Paradise, * for without husbandry you have blossomed Christ, * by Whom the very life-bearing tree of the Cross in the earth has been planted. * As it is now exalted, * we adore Him thereby and you we magnify.

THE LITTLE LITANY

Priest/Deacon: In peace let us again pray to the Lord.

Choir: Lord, have mercy.

Priest/Deacon: Help us, save us, have mercy upon us, and protect us, O God, by your grace.

Choir: Lord, have mercy.

Priest/Deacon: Remembering our most holy, pure, blessed, and glorious * Lady, the Theotokos and ever-virgin Mary, with all the saints, let us commit ourselves and one another, and our whole life to Christ our God.

Choir: To You, O Lord.

Priest: For all the powers of heaven praise you and give you glory, to the Father and the Son and the Holy Spirit, now and forever and to the ages of ages.

Reader: Amen.

EXAPOSTELARION OF THE FORERUNNER*Mode 2. Upon that mount in Galilee.*

The senseless and iniquitous * King Herod foully cut off * the all-divine and sacred head * of John, the Lord's Forerunner; * for he bare not its reproaches. * O dread and monstrous daring! * So let the hapless wretch lament * that he wrought lawless murder. * But as for us, * hon'ring now that honored head with our praises, * in worthy hymns we all acclaim * Christ Savior's holy Baptist.

Theotokion*Mode 2. Upon that mount in Galilee.*

All nature having mind and speech * is vanquished when it seeketh * to sing thy praise, who gavest birth * to God, O all-pure Virgin. * For thou art verily higher * than the whole of creation. * But since thou never dost reject * any gift made according * unto our strength, * do thou now accept also this my small hymn, * O Lady, as thy Son received * the widow's mites aforetime.

LAUDS (PRAISES)*Mode 2.*

Let every breath praise the Lord. Praise the Lord from the heavens, praise Him in the highest. To You, O God, is due our song.

Praise Him, all you His angels; praise Him, all you His hosts. To You, O God, is due our song.

Stichera*Mode 2.***First Hymn of Praise***To do in them the written judgment. This glory shall be to all His saints.*

Every breath and all creation glorifies You, O Lord. For by means of the Cross You rendered death powerless, so that You might show the peoples Your Resurrection from the dead, as the only One who loves humanity.

Second Hymn of Praise*Praise God for His saints; praise Him for the firmament of His power.*

Let the Judeans explain it, how the soldiers lost the King, since they were watching. And why did not the stone guard the Rock of life? Let them surrender Him who was buried or, if He has risen, let them worship Him and say with us: Glory to the abundance of Your tender mercies. O our Savior, glory to You.

Third Hymn of Praise

Praise Him for His mighty acts; praise Him in proportion to the magnitude of His greatness.

Rejoice, O peoples, and be exultant. An Angel sat on the stone of the tomb. And he announced to us the good news and said: Christ has risen from the dead, as the Savior of the world; and He has filled the universe with sweet fragrance. Rejoice, O peoples, and be exultant.

Fourth Hymn of Praise

Praise Him with the sound of trumpet; praise Him with the psaltery and harp.

An Angel before Your conception, O Lord, conveyed the salutation, Rejoice, to the Maiden full of grace. And an Angel at Your Resurrection rolled away the stone of Your glorious sepulcher. The one, instead of sorrow, was disclosing tokens of gladness. The other, instead of death, proclaimed to us the Master and Giver of life. Therefore we cry aloud unto You the Benefactor of all: O Lord, glory to You.

Additional Stichera by Anatolios

Fifth Hymn of Praise

Praise Him with timbrel and dance; praise Him with strings and flute.

The women sprinkled sweet spices with tears on Your grave, O Savior; and their mouths were filled with joy in saying, "The Lord has risen."

Sixth Hymn of Praise

Praise Him with tuneful cymbals; praise Him with cymbals of jubilation. Let every breath praise the Lord.

Let nations and peoples praise Christ our God, who voluntarily for us endured the Cross and spent three days in Hades; and let them adore His resurrection from the dead, through which all the ends of the world have been illumined.

Seventh Hymn of Praise

Arise, O Lord my God. Let Your hand be exalted; forget not Your paupers to the end.

You were crucified; You were buried as You willed, O Christ. You despoiled death as God and Master, bestowing on the world eternal life and the great mercy.

Eighth Hymn of Praise

I will give thanks to You, O Lord, with all my heart; I will tell of all Your wonders.

Truly unlawful ones, by securing the stone with a seal, you have made us worthy of a greater miracle. The soldiers who were guarding are aware of it. Today He has emerged from the sepulcher and they said to them, "Tell people, 'His disciples came and stole Him while we were asleep.'" But who would steal a dead man, and a naked one at that? But this one has risen by His own authority as God, moreover leaving the grave clothes behind in the tomb. Come and see it, O Judeans, how He did not rupture the seals. For He is the One who trampled death and is bestowing on the human race the life that never ends and the great mercy.

Doxastikon

Mode pl. 4.

Glory to the Father, and to the Son, and to the Holy Spirit.

O forerunner of the Savior, although Herod murdered thee, the preacher of truth, yet the brightly shining lamp of thy mouth excellently brought the light of the Faith to shine even upon those in Hades. Wherefore make entreaty that our souls find mercy.

Theotokion

Both now and ever and to the ages of ages. Amen.

Lady, do thou receive the supplications of thy slaves, and deliver us from every affliction and necessity.

THE GREAT DOXOLOGY

Mode 2.

1. Glo-ry be to You Who showed the light. Glo-ry in the high - est to God, and on earth peace, good will a - mong men.
2. We praise You; we bless You; we wor - ship You; we glo - ri - fy You; we give thanks to You for Your great glo - ry.
3. O Lord, King, heav - en - ly God, the Fa - ther Al-might - y, O Lord the on - ly-be-got-ten Son, Je-sus Christ, and the Ho-ly Spir - it.
4. O Lord, God, Lamb of God, Son of the Fa - ther, Who take a - way the sin of the world: have mer - cy on us, You Who take a - way the sins of the world.
5. Re - ceive our prayer, You Who sit at the right hand of the Fa - ther; and have mer - cy on us.
6. For You a - lone are ho - ly; You a - lone are Lord, Je - sus Christ, to the glo - ry of God the Fa - ther. A-men.
7. Ev - 'ry day will I bless You, and I will praise Your name for - ev - er and un - to the a - ges of a - ges.
8. Vouch - safe, O Lord, to keep us this day with - out sin.
9. Bless - ed are You, O Lord, the God of our Fa - thers, and praised and glo - ri - fied is Your name un - to the a - ges. A - men.
10. Let Your mer - cy, O Lord, be up - on us, e - ven as we have hoped in You.
11. Bless - ed are You, O Lord, teach me Your stat - utes. (3x)
12. Lord, You have been our ref - uge from gen - er - a - tion to gen-er - a - tion. I said: O Lord, have mer - cy on me; heal my soul, for I have sinned a - gainst You.
13. O Lord, to You have I fled for ref - uge; teach me to do Your will, for You are my God.
14. For in You is the foun - tain of life; in Your light we shall see light.
15. Con - tin - ue Your mer - cy un - to those who know You.

Ho - ly God, ho - ly Might - y, ho - ly Im-mor - tal, have mer - cy on us. (3x)
 Glo-ry to the Fa - ther and to the Son and to the Ho-ly Spir - it;
 Both now and ev - er, and un - to the a - ges of a - ges. A-men.
 Ho - ly Im-mor - tal, have mer - cy on us.

Ho - - - -ly God, Ho- - - -ly Might- - - -y, Ho - - - ly Im-mor - - - tal, have mer - - - cy on us.

APOLYTIKION

The Beheading of Saint John the Forerunner

August 29. Mode 2.

The memory of the just is celebrated with hymns of praise, but the Lord's testimony is sufficient for thee, O Forerunner; for thou hast proved to be truly even more venerable than the Prophets, since thou was granted to baptize in the running waters Him Whom they proclaimed. Wherefore, having contested for the truth, thou didst rejoice to announce the good tidings even to those in Hades: that God hath appeared in the flesh, taking away the sin of the world and granting us great mercy.